



**Dua before eating**

بِسْمِ اللَّهِ  
 اللَّهُمَّ بَارِكْ لَنَا فِيهِ  
 وَأَعْظِمْنَا خَيْرَاتِهِ

**What it means:**  
 In the name of Allah, O Allah, bless it for us and feed us better than it!

**Translation:**  
 Allahumma Barik lakum feehi wa'azim khayratih

**Who said it:**  
 Abu Sa'eed & Abu Yousuf

“Yusuf,” began his mother, “You are now ten years old, Masha’Allah! What do you think will be different from this year compared to when you were nine?” she asked. “Well,” responded Yusuf, “I think I might be able to stay at home by myself and child mind Yasmeen if you and Abee want to go out for a while.” “That’s a great idea,” Yusuf’s father jumped in, “Your mother and I found a class offered through the city’s Parks & Rec magazine that covers all the basics about staying at home alone and child minding.”